

Valerio Figueroa

Teacher/Physical Trainer

Valerio has been involved in gymnastics since he was 7 years old. He received his Physical Education Teaching Degree in 1990 and his Master's Degree in Physical Education in 1997. In 1991 he started with the National Ballet School in Havana, Cuba teaching Physical Conditioning. From 1991 through 2003 he worked with well-known dance companies in Cuba and in Mazatlán, Mexico. Valerio came to the United States in early 2003 and has been teaching Physical Conditioning to the advanced students at Just Dance it! since his arrival in Miami.